

# Host a Drive

Thanks for your interest in hosting a drive for SHIM. We know that if a family is in crisis, they may lack access to basic human needs like food, clothing and personal items like shampoo, diapers, and linens. About 20% of food and all of the clothing we distribute each year comes from generous community donors interested in helping their neighbors in need.

SHIM purchases many items for our pantries from the Greater Pittsburgh Community Food Bank. At the Food Bank, our buying power is 500% greater than purchasing food at supermarket prices. As certain foods are not always available for wholesale purchase at the Food Bank, our most needed items are listed below:

## Most needed items for SHIM's food pantries

- Dried beans and lentils
- Rice
- Pasta sauce in jars
- Cereal and oatmeal
- Soup (especially low sodium)
- Adult diapers, especially X and XL
- Diapers sizes 3-6
- Baby food
- Dog food
- Personal care items (shampoo, toothbrushes, toothpaste, deodorant, feminine items, etc.)

You can deliver your collection to SHIM's Bethel Park office during our regular donation hours, Tuesdays and Wednesdays from 10am – 4pm.

Have questions? Want to schedule your donation?

Contact Rachel White, Development and Communications Manager at [rwhite@shimcares.org](mailto:rwhite@shimcares.org) or (412) 854-9120 ext. 112



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